



MAIN NEWS

Seafarer's App launched in January 2021

The Seafarers App, a mobile application aimed to increase the speed and ease of interactions between crew and shore is scheduled for launch at Executive Ship Management on the first week of January '21. The app is available for both IOS and Android phones and works both onboard and ashore. It can only be downloaded from a link e-mailed to the seafarer.

Seafarers with ESM as well as new applicants can view or edit their personal data upon download, including appraisals, documents, and training

requirements etc. This ensures a one-stop account management system, easing access to data. Users may also regularly update their data with information such as their date of availability, view joining plans, travel arrangements, their respective contracts and pay slips.

The app may also be utilized to report unsafe acts or working conditions, raise open reports and submit crew complaints with the same assured confidentiality provided in in-house ship management software Phoenix 3.0. Data from the app is encrypted and cyber security protocols such as two-stage authentication are in place for further protection. Developed concurrently with

Continued on Page 7

Seventy successful vessel crew changeovers conducted in December

Amidst challenging and unpredictable circumstances, 70 vessels saw successful crew changeovers in the month of December 2020. Till date, 429 vessel crew changes have been conducted.

Due to the emergence of new, infectious variants of the coronavirus namely B117 in the United Kingdom and 501.V2 in South Africa, several countries closed their borders to international travel. Some have introduced new, tighter restrictions resulting in temporary delays in crew sign off, visa

Continued on Page 7

SAFETY MOMENT OF THE MONTH

Ignoring the gangway proves fatal

*** The monthly safety moment is collected from various sources associated with the Maritime industry for educational purpose and is not necessarily an actual incident from the ESM fleet. ***



Visitors were on their way off the vessel secured in port in the morning. The gangway had been raised a few meters above the dock surface and the gangway watchman needed to lower it back down to the dockside for their exit. As this was being done, the visitors attempted to disembark by stepping over the bulwark, which was almost the same height as the quay.

One of the persons fell into the water in the gap between the vessel's side and the quay. Life rings

were thrown into the water and a monkey ladder and lifelines were rigged on the vessel's bulwark. The victim was recovered within 20 minutes and transferred to a shore hospital. However, his death by drowning was later confirmed.

Lessons learned

- The visitors were tempted to step ashore by the near equality of height between the berth and the bulwark. This false sense of security and overconfidence cost a life. Rigorous management and control of embarkation/disembarkation is of utmost importance.
- Gangway watch personnel should ensure all personnel using gangway adhere to safe embarking and disembarking procedures, as mention in the safety management procedure.
- Relevant warning signs for safe use of gangways should be available near to the gangway.





Letter from ESM

No one seems to be sad and unhappy bidding adieu to the year 2020 and rather, a deep sigh of relief at the good riddance! A year passed by, but it forced mankind to sit up and look around to live an abnormal life and still be thankful.

The extent of loss of life and livelihood led to boundless, unprecedented miseries and sufferings. Nevertheless, those who are alive can still celebrate life and hope for the new year. We are fortunate indeed!

The year 2021 does not offer a great prospect, but it is a belief that it cannot be worse than the year passed, and we tend to believe things will shape up as the days and months roll in during the new year.

Believe it or not, we do have a lot to celebrate for the year 2020 and as the year round up reports in this issue, we are proud to state that the group remained steady and rather emerged stronger during the pandemic. Efforts and endeavours were always to think out of the box to find solutions rather than being intimidated by circumstances.

The takeover of two dozen ships under the management in addition to completing over 400 crew changes during the year speaks volumes of the dedication and professionalism of both ESM sailing and shore teams across departments.

However, what differentiates the year 2020 from the earlier ones is the unwavering commitment to the path of digital transformation across the group and results shown in streamlining and enhancing the processes, systems and human resource development aligned to growth. The main story of the Seafarers' App is a fine example of that commitment. The updated Phoenix 3.0 version from SNSS is another spectacular achievement which does not have a match in the market.

The initiatives for the employee development and welfare is another area that will remain as one of the highlights of the year 2020. Undermining the challenges brought forth by the virus and the pandemic, opportunities were created to enable hundreds of our seafarers and shore employees to greet and meet their colleagues across the globe through digital links. Afterall where there is a will there is always a way...

All those initiatives that were started will continue in the coming year depending on the situations unfolding over the coming months.

Finally, it is time to thank all our readers for the support, participation, and cooperation for motivating us to keep this newsletter coming out every month. Wishing all, a very happy, peaceful, and prosperous new year. Irrespective of whatever shape and size the year 2021 comes up with, we are confident, we will remain productive and sustainable under all circumstances.

Stay safe, and stay happy,

Sikha Singh

Editorial Team

Editorial Director
Sikha Singh

Editorial Assistant
Sara Sandhaas
Varsha Vaswani

Editorial Advisor
Capt. Arun Sundaram

Design & Layout
Nurul Aini Mohd Ikhsan
Nur Mayamin Hippy

To contribute or be featured in the website, do write to us at communications@executiveship.com

TECHNICAL NEWS

Reducing Greenhouse Gas (GHG) emissions from ships

By Mr Gaurav Paliwal, Assistant Fleet Manager

Shipping is the backbone of international trade. Around 80% of global trade and produce of its economy by volume are carried by sea. International shipping contributes to around 2.89% of global CO2 emissions.

IMO adopted measures in 2018 to reduce GHG emissions from ships.

Primary objective by:

-Year 2030 is to curb

a. CO2 by 40% (as compared to 2008)

-Year 2050 is to curb

a. CO2 by 70% (as compared to 2008)

b. Total GHG emission to be 50% (as compared to year 2008)

-Year 2100, To aim for 0% GHG.

Short term or Intermediate methods for reducing GHG of Existing vessels are:

1. Technical Measures- EEDI (EEXI- for existing old vessels)
2. Operational Measures- CII (Carbon Intensity Index rating scheme A- E)

The four main areas considered are: 'Design', 'Plan', 'Operate' and 'Monitor'.

- a. Design Measures – covered by EEDI (Energy Efficiency Design Index)/ EEXI (Energy Efficiency Existing Ship Index)
- b. Plan and Operational Measure – covered by Ship Energy Efficiency Management Plan (SEEMP)
- c. Monitoring Measure – covered by EEOI MRV (Energy Efficiency Operation Index) & CII

The Energy Efficiency Design Index (EEDI) was made mandatory for new ships and the Ship Energy Efficiency Management Plan (SEEMP) for all ships at MEPC 62 (July 2011) with the adoption of amendments to MARPOL Annex VI (resolution MEPC. 203(62)), by Parties to MARPOL Annex VI.

In simple terms, EEDI is how well (energy efficient) a ship is built, whereas EEOI is the measure of how well (energy efficient) a ship is operated.

When a ship complies with all these measures (as applicable), it gets "International Energy Efficiency Certificate" (IEEC).

EEDI (Energy Efficiency Design Index)

- It is a measure of the amount of CO2 emitted

by ship in grams per TON of cargo carried per Nautical Mile. This is a tool used at the design stage of ship's construction.

- The lower the EEDI, the more efficient the ship is.

EEDI is for new ships build after 2013, What about older ships?

EEXI (Energy Efficiency Existing Ship Index)

In Nov. 2020 Marine Environment Protection Committee (MEPC) 75, IMO approved amendments for Annex VI to include EEXI. Subject to its adoption in 2021 in the next scheduled MEPC 76 in June 2021, it will be brought into force from 1st Jan 2023 for all ships above 400 GT where initial EEDI was not employed.

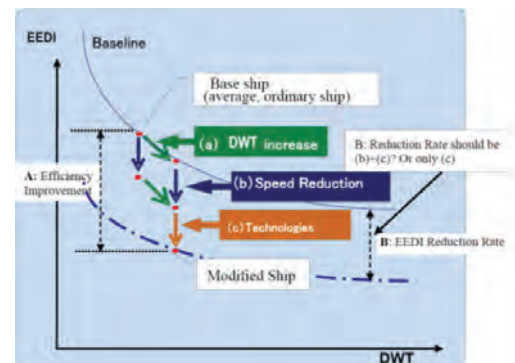
TECHNICAL MEASURES:

- Attained EEXI and Required EEXI (Each ship will have its EEDI. To check whether this ship is efficient, two EEXI figures have to be derived - Required EEXI or maximum permitted EEXI and Actual EEXI, which is the attained value)
- After it enters into force in 2023, whenever ship undergoes an annual, intermediate or renewal survey for its IAPPC, this will become applicable for it.
- The emissions are calculated basis the power of ME, the Specific Fuel Oil Consumption (SFOC) of ME and AEs, the DWT of vessel and speed related to the power. (When we say power of ME, it is not the maximum ME power but only 75% of power. SFOC is also calculated at this power)
- For different type of vessels, the EEXI calculation formula is adjusted by correction factors. Several correction factors are employed to correct the installed power.
- The required EEXI is based on the EEDI reference values itself with some reduction factors applied. In most cases, it is same as the EEDI reference value.

Methods to improve EEXI, (EET, EPL & combination of both)

EET- Energy efficiency technologies categorized as Cat A, Cat B or Cat C

- Category A is for Hull modifications and optimisation including new designs of propellers, coating condition, etc.
- Category B is for Wind energy harvesting and micro air lubrication techniques.



- Category C is for Solar energy harvesting and waste heat energy recovery.

EPL (Engine power limiting)

- A simple limiter is fitted in fuel index lever of governor to limit speed/ power.

OPERATIONAL MEASURES:

- To be adopted before 1 Jan 2023
- Each ship above 400 GRT must have an approved SEEMP on board before this date.
- SEEMP will be subject to verification and company audits, Statement of Compliance (SoC) and Rating are issued within 5 months of each calendar year.
- CII (Carbon Intensity Indicator) Rating from A to E for ships more than 5000GRT.
- The actual CII achieved is compared to the required annual operational CII and recorded.
- This rating is given in a scale from A to E
- (A- major superior, B- minor superior, C-moderate, D- minor inferior, E- Inferior).
- The performance level will be recorded in the ships energy efficiency plan (SEEMP).
- Ship rated D for 3 consecutive years, or rated E will have to submit a corrective plan to show how the required index would be achieved.
- IMO intends to review the EEXI and CII requirements by 1 Jan 2026 and if necessary, adopt further amendments.

Action Required.

1. EEXI has to be calculated for all vessels built before year 2013.
2. The comparison of this value is similar to the EEDI for the new ships.
3. $\text{Attained EEXI} \leq \text{Required EEXI} = (1-Y/100) \times \text{EEDI Reference line value}$ (when comparing for new ships having EEDI with existing ships).
4. Y is the reduction factor.
5. E.g.- Bulk carried 20,000 DWT and above has

Continued on next page

TECHNICAL NEWS

Reducing Greenhouse Gas (GHG) emissions from ships - Continued from previous page

- 20% reduction factor.
- 6. Container ship 200,000DWT and above has 50% as reduction factor.
- 7. A plan for this reduction to be made and submitted for class approval.
- 8. SEEMP to be mandatory for all ships
- 9. It consists of two parts- First part- what company has suggested for improving energy efficiency and second part (for ships above 5,000 GRT) where data collection and monitoring is mandatory.
- 10. In case of a major conversion, class to be approached for survey with the revised EEXI technical file.
- 11. The documents submitted to class should contain – details of conversion, EEXI parameters changed after this conversion and technical justification for each of these new parameters and the calculation process.
- 12. Speed trial of the ship will also be needed by class for verification.

COMMERCIAL NEWS

Understanding the impact of COVID-19 on the dry bulk market

By Capt. Vinod Dubey, Assistant Manager, Adhart

History has witnessed many black swan events that dictated the course of humanity. The latest qualifier for this extensive list is COVID-19. Such events impact almost everything, and the dry bulk market is no exception. In this article, we discuss the brief history of the dry bulk market, its current status regarding various dry bulk commodities and outlook for 2021.

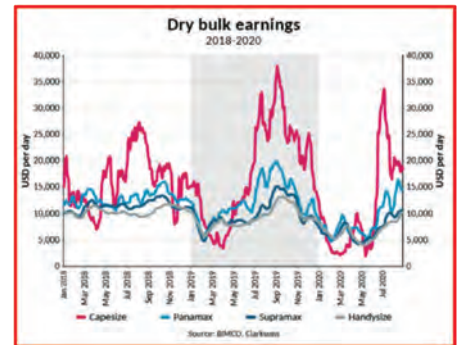
China’s joining of the World Trade Organization in 2001 has been the key factor behind the global seaborne demand growth between 2001 and 2008. The dry bulk market had been trending upwards after its bottoming out in Q1-2016. However, the Brumadinho dam disaster in Brazil caused an adverse outcome in 2019 and COVID-19 has further stalled the dry bulk market recovery in 2020.

COVID-19 pandemic has dramatically reduced

global industrial production for most of 2020 and has harmed the demand for coal and minor bulk cargoes. As a result, Baltic index providing a Sensex of dry bulk market nosedived in February 2020 and bottomed out in April 2020. Since then, the index has been improving, albeit, at a slow pace. The coal and minor bulk demand and hence the export volumes are expected to go up in 2021.

With bumper crops, the global seaborne trade of grains has seen strong growth in 2020 and is expected to increase marginally in 2021. The bauxite export volumes were also showing an upward trend and anticipated to continue its strong growth next year.

This brutal reduction in global industrial production caused due to the pandemic has adversely impacted the worldwide steel output and in turn, the demand for iron ore and coking coal.



Interestingly, while on the one hand, the global steel production is down, on the other hand, seaborne export of iron ore is up. This is because most iron ore is being exported to China to cater to its rise in steel production, whereas other parts of the world are still experiencing a lull. While increased demand in China could pull the Iron Ore exports, the export of other commodities such as coal and minor bulk cargoes has shown a downward trend. This is because these commodities are impacted more by the other world markets outside China.

In a gist, we see a rebound in the dry bulk market and a slow and steady growth in 2021. China is leading from the front through its increased share of dry bulk commodity imports, and its impact is more prominently visible in Iron ore trade in comparison to the business of coal or other minor bulk commodities.

If you have any query about the information provided in this article or in case you are interested in reading about any topic of your interest in commercial shipping, you may write to vinod.dubey@adhartshipping.com.



ENVIRONMENTAL NEWS

Re-engineered plastic-eating enzyme brings new hope for plastic waste

Scientists have re-engineered PETase, a plastic-eating enzyme to create a new enzyme 'cocktail' that can digest plastics up to six times faster, bringing new hope towards the ongoing war against plastic.

Scientists are presently looking for a revolutionary, low energy as well as environmental and economically viable solutions to tackle the plastic waste crisis. Polyethylene Terephthalate (PET) plastics are known as everyday plastics used to make single-use drink bottles, clothing, carpets etc. Discovered in 2016, PETase, unlike non-enzymatic natural degradation of PET which can take centuries, can result in the degradation of PET plastics to its building blocks within days.

Its initial discovery set up the prospect of a revolution in plastic recycling as a potential low-energy solution to tackle plastic waste. However, PETase alone is not commercially viable as it

does not operate fast enough to degrade the plastics littering the planet.

The re-engineered enzyme, created by scientists from the University of Portsmouth utilized a second enzyme, MHETase, a rubbish dwelling bacterium to speed up the breakdown of plastic. An initial experiment, it was found that the enzymes indeed worked better together. In a second experiment, scientists tried physically linking them resulting into a super enzyme that makes this activity three times faster.

The new combined MHETase-PETase work by digesting and returning PET plastic to its original blocks allowing for plastics to be made and reused endlessly thus reducing our reliance on fossil resources such as oil and gas.

Plastics have become a massive part of our lives, and it is almost impossible to imagine our lives without them. Since the industry began in the

early twentieth century, annual global plastic production had exploded from some 1.5 million metric tons to 359 billion metric tons in 2018. Production is forecasted to double by 2050 at 756 million tons due to increasing global population and demand for plastic consumer goods fueled by a growing middle class.

It is currently tough to break down plastic bottles into their chemical constituents to make new ones from old, meaning more new plastic is being created from oil each year. Plastic waste is now a monumental crisis that if unaddressed, will inevitably result in irreparable damage to the oceans and wildlife and eventually, the wellbeing of humanity.

With this finding, yet another leap has been taken toward acquiring a hopeful and suitable solution to plastic waste. However, it is time to shift the paradigm towards reducing our personal reliance on plastic urgently.

MIND YOUR BODY

Rapeseed identified as a new source of protein for humans

Scientists have identified rapeseed as a new source of plant-based protein from plants. These proteins can also be obtained from by-products of rapeseed oil production.

A study conducted by researchers from Martin Luther Halle-Wittenberg (MLU) found that rapeseed's protein consumption has beneficial effects on human metabolism comparable to that of soy protein. Belonging to the cabbage and mustard family, rapeseed is commonly produced as canola oil that is used for both industrial and culinary purposes.

This essential crop has a beneficial composition of amino acids and Phyto-chemicals (chemical compounds produced by plants). Rapeseed also contains omega 3, 6 and 9 which can reduce cholesterol and maintain healthy joint, brains and heart functions. Rapeseed oil has been recommended by nutritionists as a lighter alternative to other cooking oils. It is economical, can be heated to high temperatures without degrading and rich in monosaturated fats.

It is a common assumption that vegetarians or vegans do not get enough protein in their diet due to the absence of meat. Protein is an essential macronutrient required for a healthy and balanced diet. Found mainly in fish, poultry, lean meat, and other dairy products. This is a myth and such concerns can be evaded through a well-planned diet that considers all the necessary nutrients. Proteins can also be found in plant-based sources such as lentils, chickpeas, black beans, peanuts, and soy-based products. The latter are among the richest sources of protein in a vegetarian or vegan diet.

The team investigated the effect of ingested rapeseed and soy proteins on human metabolism by making participants record their respective initial diets for three days. After, participants ate a specific meal on three separate days. These meals were either enriched with soy or rapeseed protein

or had no protein content. Participants metabolic responses were assessed for a period of six hours thereafter via blood tests. In addition to the abovementioned findings, rapeseed had a slightly more advantageous insulin response in the body. A longer period of satiety was also observed.

In the recent years, rapeseed has been highly advertised as healthier vegetable cooking oil or as a condiment. This finding reveals that it has more potential than the soy alternative in our diets.

However, due to its mustard flavor, rapeseed is highly recommended to be more suitably incorporated into savory foods as opposed to desserts.



ESM NEWS

SIMS Alumni take command onboard vessels



Capt. Sooraj Pillai, Claxton Bay

Hailing from Thodupuzha, Cochin, in the coastal state of Kerala, Capt. Sooraj Pillai was surrounded by the seas for most of his life. Hence, it was no surprise when he enrolled in the Samundra Institute of Maritime Studies in 2006 to pursue a seafaring career. Today, the SIMS alumnus has taken command of vessel Claxton Bay as Master.

An alumnus of the third batch of students from the Diploma of Nautical Sciences course, like many others, Sooraj had fond memories of his days at the institution. "The quality of workshops and high standards of training, care and comfort allotted to the students who have travelled to study there from all over must be highlighted and appreciated," he commended. Education is an essential part of college, but it can be very challenging. I am thankful for the opportunity to better myself, forming relationships and experience with both real and practical maritime training at SIMS. These lessons taught me to manage my time and priorities well, allowing me to pursue a career I love."

Reminiscing his initial days as a deck cadet on board, he noted that the transition from a student to seafarer was undoubtedly challenging. Relaying advice to cadets on this significant change, he wrote, "SIMS will make you a highly qualified and skilled seafarer. Make the best use of this opportunity to gain theoretical and practical knowledge both from SIMS and onboard. Be prepared, positive and hungry to learn and be successful. Take pride and be responsible for any task assigned to you. Learn from your mistakes, correct your wrongs and always move ahead with confidence."

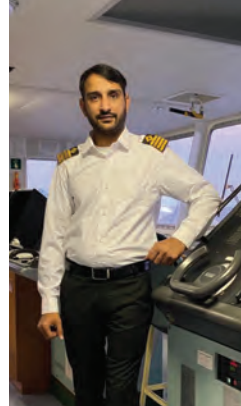
Support from his seniors, crew, shore office and core values imparted at SIMS eased the transition for him. As a Master, he believes in imparting similar values to his crew such as ensuring honesty, prioritizing safety, maintaining professionalism by adhering to company policy and procedures, practising due diligence while exercising responsibilities and more.

Over time, Capt. Sooraj has observed numerous changes. SIMS, he cited as an example has upgraded its curriculum, training methods and programs to meet the demands of time and the rapid advancement of technology enabling the institution to ensure continuous learning at any given time seamlessly. However, some aspects have remained the same such as the company's uncompromising quality, standards of professionalism as well as traditional values of trust, sincerity and integrity. ESM, he adds, has fully supported their crew with guidance from shore office, ensuring crew welfare with internet facilities, more recently adequate provision supply and services via its group company, ArcMarine during the COVID-19 pandemic.

Onboard for nine months amidst the pandemic, he ensured wellbeing by exercising regularly and engaged in other light-hearted entertainment.

Amidst the uncertainty, he commended ESM for the immense support

Continued on next page



Capt. Jasmer

Capt. Jasmer, the youngest of four siblings read about the sea in books while growing up in the landlocked Sonipat, Haryana, India. Now, he has fourteen years of sailing experience with ESM and recently took command as Master of vessel Bougainville.

Sharing his sailing journey with the Editorial Team, Capt. Jasmer said that his interest in Merchant Navy piqued when he learnt about the plethora of opportunities the career

offered. He recalled downloading the application form at a cyber cafe for the state-of-the-art maritime institute, the Samundra Institute of Maritime Studies (SIMS). Beginning his journey as a cadet in the DNS 3 batch in 2006, Jasmer fondly remembers this period as one of the most wonderful times in his life where he met some of his best friends from all over India.

He discovered SIMS to be indeed a world-class institute that took care of its students in every aspect. He enjoyed the training sessions noting that the institution's iconic "Ship-in-Campus" was indeed a five-star element that set it apart from its contemporaries. Transitioning from a cadet in campus to a deck cadet onboard, he fervently worked towards his personal goal of becoming a Captain.

Although plenty has changed in the maritime industry in the last decade or so, Capt. Jasmer still recollects the words of wisdom received during his cadetship from seniors and colleagues which remain relevant even today. Over the years, he also observed changes such as the inevitable digital transition as well as the most recent uncertainty brought by the COVID-19 pandemic. Sailing onboard vessel Yamabuki as Chief Officer earlier in 2020, he was one of the many seafarers who faced challenges in signing off due to global lockdowns.

Successfully signing off in June, he recognized and praised ESM's efforts to support seafarers during this period of uncertainty. ESM, he wrote, motivated crew onboard by personally calling and assuring individuals who completed their contracts, providing them with essentials such as personal protective equipment and others such as extra allowance and additional internet data to communicate with family.

As a Master, he further notes that while teamwork is key regardless, ensuring good communications is just as necessary. To bust stress onboard, he advises one to make time for both entertainment and exercise. When he is not sailing, Capt. Jasmer enjoys spending time with his family consisting of his wife and two children. He also acts as a mentor, guiding students in the local community towards a brighter future.

Relaying similar guidance to the students of his alma mater, he wrote, "My dear SIMS cadets, you are the future of the Indian marine industry and we need to be on top. This can be achieved with a positive attitude and continuous acquisition of knowledge at SIMS and onboard. Feel proud to be a mariner living on a floating house on 70% of Earth."

Capt. Jasmer concluded by thanking Executive Group of Companies for providing Indian seafarers with opportunities to sail and jobs at shore.

Capt. Sooraj Pillai, Claxton Bay

provided to seafarers as well as their family members. Apart from the crewing department making themselves available for round the clock support, ESM also provided remuneration and did

their best to connect seafarers safely to chartered flights wherever possible.

Concluding, he wrote, "It is highly appreciable

that ESM monitors the performance of each crew member on board. It motivates us, sailors, to keep our spirits high during our tenure."

MAIN NEWS

Seafarer's App launched in January 2021 - Continued from Page 1

The Seafarer's Web Portal, seafarers will be able to access the same data via a web browser.

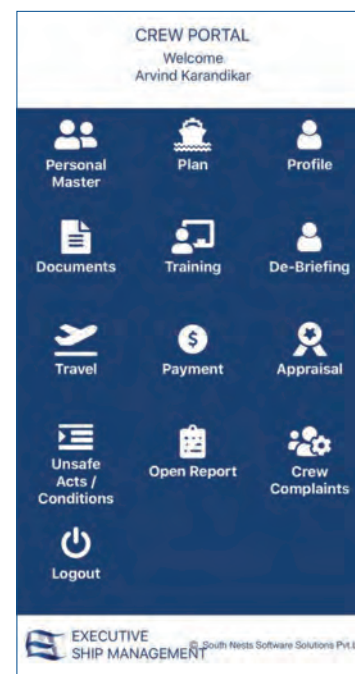
The software will be continually updated and improved on a bi-annual basis to ensure a seamless, efficient, and user-friendly experience. A communication sub-module has been made available for users to highlight or report any issues encountered.

The Seafarer's App is one of several initiatives by the Company as a part of its digitalization mission to streamline operation processes pertaining to crew matters, increase speed of interactions between the crew and shore teams and reduce administrative workload onboard and

ashore. It took over six months of development and trialing.

User feedback was taken into consideration in its early stages. More features are being lined up for the future and they include e-forms, jobs or activities a seafarer is involved in, reviewing applicable JHAs and participating in Toolbox meetings.

Leading the development of the Seafarer's App, Capt. Arvind Karandikar, Director, Marine Assurance noted "We are committed to using technology to improve the way we do things and the Seafarer's App is just one small step in the Company's digital transformation journey."



MAIN NEWS

Seventy successful vessel crew changeovers conducted in December - Continued from Page 1

approvals etc. Such challenges are presently being encountered in the Asian region with crew changes halted in Japan, China, South Korea, Thailand, Taiwan, Vietnam, Malaysia and more recently, Indonesia and the Philippines. Hong Kong continues to permit crew changes only to vessels headed for cargo operations in its port.

The company persisted when challenges such as hefty costs for crew changeover at the Port of Mexico were encountered. There have also been instances where crew members are testing COVID-19 positive while in transit for on-signing or off-signing, coming into close contact with COVID positive passengers in flights etc.

ESM continues to do its best under prevailing conditions to ensure both a safe and efficient crew changeover.

India

As of 30th December 2020, the Directorate General of Civil Aviation (DGCA) announced that the ban on commercial international flights will

be extended till 31st January 2021.

India too has suspended flights from the United Kingdom till 07th January 2021 as a measure in response to the emergence of the coronavirus, B117 in the latter country.

India's "air bubble" agreements has now reached a total of 24 countries. "Air bubbles" refer to temporary reciprocal arrangements between two countries that allow international passenger flights to fly passengers either way without any restrictions. The list of countries includes Afghanistan, Bahrain, Bangladesh, Bhutan, Canada, Ethiopia, France, Germany, Iraq, Japan, Kenya, Maldives, Nepal, Netherlands, Nigeria, Oman, Qatar, Rwanda, Tanzania, Ukraine, United Arab Emirates (UAE), United States of America (USA).

Singapore

As of 23rd December, the Maritime and Port Authority of Singapore (MPA) has revised the requirements for crew changes specifically for

sign-on crew with travel history to the United Kingdom.

Crew changes in the Port of Singapore will not be permitted for sign on crew with travel history to the United Kingdom with the last 14 days and on crew transiting the country on their connecting flights to Singapore. This measure will remain in effect until further notice.

No latest changes have been announced in other ports worldwide since.

The company commitment

ESM remains deeply committed to completing all crew changes onboard as per the contract. We appreciate the patience and consideration displayed by our crew during this period. We continue to urge all our seafarers to be alert and vigilant on taking necessary precautionary measures of health and adhere to the regulations and advisories issued by each port when undergoing crew changeover.

ESM NEWS

Navigating through uncharted waters: A recap of 2020

Awards and achievements in 2020

Executive Ship Management (ESM) and the Samundra Institute of Maritime Studies (SIMS) Lonavala and Mumbai received the prestigious Class NK certification for e-learning maritime courses on Cadet Training via Blended Learning and the Electronic Performance Support System (EPSS). A first for digital learning across maritime institutes, the accreditation was awarded to **44** post-sea and **45** pre-sea courses.

ESM was recognized by the Maritime Port Authority of Singapore (MPA) for Outstanding Contribution to Search and Rescue Efforts in 2019 for a rescue conducted by managed vessel Crimson Knight.

We were deeply honoured to achieve these recognitions in arenas that are at the heart of our business and our sincere appreciation to the teams involved.

Innovation and digital transformation

Innovation and digital transformation continued to be at the forefront with the upgrade of in-house developed software Phoenix 3.0 to a more user-friendly, seamless experience for seafarers and onboard vessel management. Over 35 modules were enhanced and redeveloped covering key operational areas. New modules such as Electronic forms, MARPOL logs and Management of change were also added.

Amidst COVID-19 implemented lockdowns, ESM took the lead in pioneering a remote TMSA audit done by an oil major, the first of its kind industrywide. The company also successfully held its first Officer's Webinar on the Human Element theme with over 200 Officers joining the event virtually.

Enhancing digital connectivity for crew onboard, upgrades to the internet system were announced in October from Fleet Broad Band Terminal (FBB) system to Very Small Aperture Terminal (VSAT) in several vessels.

New delivery and takeovers

As a trustworthy ship manager, we witnessed a steady flow of new takeovers and yard deliveries amassing a total of **24** vessels joining our fleets.

Prioritizing crew welfare and community building

Throughout the year, ESM endeavoured in

building a strong community amongst its sailing and shore employees, cultivating resilient spirits amidst adversity, cultural appreciation as well as safety awareness through campaigns.

Prioritizing its seafarers, who were unable to return home despite the expiry of their contracts due to the lockdowns, ESM successfully chartered maiden direct flight carrying Indian seafarers from ESM and other shipping companies from Mumbai to Singapore and back to enable crew change. A second chartered flight was held on 03rd July. We were also heartened to assist in the repatriation of stranded Indian citizens during this exercise to support our seafarers.

ESM also launched OnExecutive, a social engagement and welfare platform for both sailing and shore employees and their family members. The platform saw several successful inaugural get-together events and outings in the field offices in February and March. Prioritizing the health and safety of all, physical activities for OnExecutive were temporarily placed on hold and instead were engaged via different virtual events on Diwali and Christmas.

With the launch of this platform, we look forward to growing the Executive community together.

Safety awareness and boosting seafarer morale onboard

Campaigns initiated by the HSEQA department focused primarily on safety in machine operations as well as the importance of the human element onboard, including the Prevention of Stowaways.

Recognizing the need to boost seafarer engagement and morale onboard, the Communications department also provided seafarers with opportunities to unleash their creativity through the Best Health and Hygiene Poster Competition, Create. Innovate competition and Festive. Creative competition. These competitions were well-received by enthusiastic seafarers. We would like to thank everyone for participating and we hope to continue with more of such initiatives ahead in 2021.

Lauding seamanship

ESM-managed vessels MV Ganga K, Guneshli and MT Godam were well-equipped to respond to calls at sea and successfully conducted strategic rescue operations under inclement weather conditions.



Blended Learning Class in SIMS

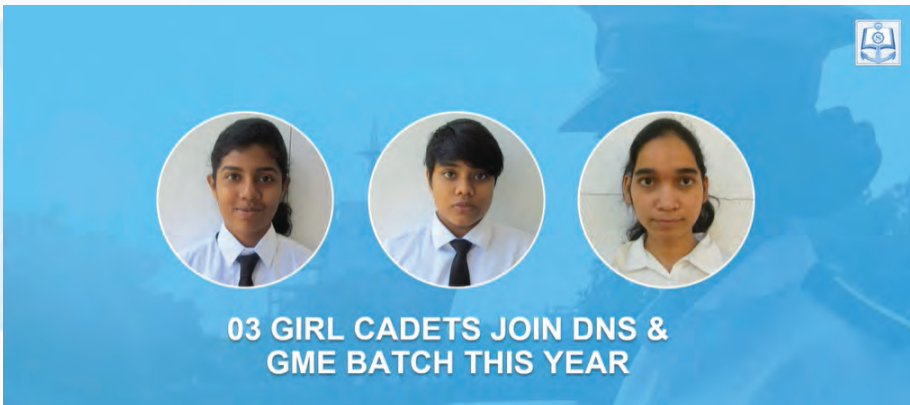


Phoenix 3.0



Crew signing off on maiden chartered flight





03 GIRL CADETS JOIN DNS & GME BATCH THIS YEAR



'Human Element' Officers Webinar



SIMS Alumni Capt. Atul Singh pictured with ESM staff



Rescue on MT Godam



SIMS extends COVID care facilities



Cadet Devanshu Shukla

SIMS Mumbai

SIMS Mumbai innovated in the delivery of courses with virtual cargo simulators in LNG Management and Operational Level Courses etc. The installation of a new bridge simulator was also completed helping in the running of more simulator-based courses and hours.

Over 45 different types of virtual post-sea courses were delivered to a record number of 2789 officers and crew from ESM as well as external stakeholders. Several courses also received accreditation and approvals from esteemed global maritime agencies such as DNV-GL, Marshall Islands, Nautical Institute, OPITO UK, Director of Shipping (DG) etc.

SIMS Mumbai also held its first ever public webinar with a focus on improving knowledge on areas such as ECDIS. SIMS also assisted in reviewing passage planning software to enhance the safety and security for ESM vessels.

SIMS Lonavala

Three aspiring female cadets joined the 2020 batch of Diploma in Applied Nautical Sciences (DNS) and Graduate Marine Engineering (GME) courses at SIMS Lonavala.

Despite the National Lockdown in March, training at SIMS Lonavala was swiftly adopted to virtual methods. Attesting to SIMS excellent standards in training, cadets in the DNS course attained 100% pass and 95% and 97% distinction in different semesters performing exceedingly well at SIMS as well as at the Indian Maritime University (IMU) examinations.

We are also proud to note that SIMS alumnus Deck Cadet Devanshu Shukla of B-Tech 06 attained Second rank in the IMU ranking for 2015 – 2019.

Besides academics, SIMS delivered various research projects aimed at improving both safety and operations at sea and few have already been launched for trial onboard vessels. Prior to the lockdown, the Lonavala campus successfully hosted the third edition of its Inter College Olympiad as well.

It is indeed a matter of pride to note that the empty campus facilities at Lonavala were utilized as a COVID care centre for patients for its surrounding locations.

We congratulate the Captains, Chief Engineers, and crew of the respective vessels for their swift actions and sense of professionalism and seamanship.

Leadership milestone for SIMS alumni

Marking yet another milestone, eleven SIMS alumni from the pioneering batch took on various leadership positions such as Master, Chief Engineer onboard and Deputy Technical Superintendent within the company.

Despite the prevailing circumstances, 2020 was indeed an eventful year of overcoming challenges together. We look forward to raising and commemorating the ESM spirit together in 2021!

ESM NEWS

First virtual Townhall held for Executive Group of companies - Continued from Page 19

and ideas to take the company to its next level of growth. Ms. Singh concluded her speech with a special thanks to the Crewing departments in Executive Ship Management and Executive Offshore as well as the IT team who bore the brunt of the pandemic with crew changes under exceedingly challenging situations while remaining virtually connected, allowing for business continuity, respectively.

Digital festivities began with a Christmas carol performance by a team from ESM Singapore. After the performance, ESM India and other filed offices logged off from the main event to proceed with their own virtual celebrations. At ESM Singapore, the soft launch of The Executive Appreciation Movement (T.E.A.M), an initiative aimed at developing a positive and appreciative work environment was discussed. In this, employees were tasked with distributing Appreciation Stars for their colleagues in their respective departments as well as external departments under categories such as Teamwork, Positive Outlook, Innovative Idea, Helpfulness, Motivator, Caring and Thoughtfulness. Winners



for Top T.E.A.MMATES were announced and felicitated with prizes.

The virtual event in Singapore concluded with the prize distributions for office Christmas decoration competition. Amidst the pandemic restrictions, it was indeed heartening to witness the enthusiasm of employees across Executive coming together virtually to round up a year of hard work and resilience and to celebrate the festive season.



ESM NEW TAKEOVER

Vessel Ever Far successfully delivered in December

Adding to ESM's expanding fleet of vessels, the company in July took successful delivery of container vessel Ever Far on 15 December 2020 from Imazo Shipyard, Hiroshima, Japan.

Our heartiest congratulations to the crew of Ever Far for the safe and efficient takeover of the vessel.

Vessel Ever Far is helmed by Master Pranav Kumar Roy, Chief Officer Vivek Rudragan, Chief Engineer Rajeshkumar Gopalakrishnan and Second Engineer Ganesh Vasudeo Kasekar.

We would like to extend our heartfelt thanks to the crew and onshore teams for their efforts in ensuring a safe and efficient takeover during these challenging times.

Our best wishes to the crew onboard Ever Far, safe sailing and following seas on their voyages ahead!



Last chance to participate!

Festive- CREATIVE *competition*

Showcase your festive spirit onboard by submitting a photo or video compilation **not exceeding 20 seconds** for various festivals in each month.

Month	Submission date
January	04th January 2021



Only group entries from each vessel will be accepted and each vessel can submit **up to two** (group) entries per month.

Entries will be judged on the festive spirit on display, crew camaraderie, creativity/originality, and quality of submitted entry.

Stand to win attractive prizes and your photos/videos featured in the Executive News Bulletin!

Send your entries to:

communications@executiveship.com

**Please refer to the October issue of the Executive News Bulletin for the full list of terms and conditions.*

www.executiveship.com





SAMUNDRA INSTITUTE OF MARITIME STUDIES (SIMS)

Graded A1 outstanding (Amongst top Maritime Institutes in India), obtained in the inspection conducted by the Government-recognised independent body ClassNK, Japan (Nippon Kaiji Kyokai) – largest classification society in the world

COURSE SCHEDULE - JANUARY 2021

ONLINE COURSES

COURSE	NO. OF DAYS	INTAKE	DATES
BTM Learn	4 days	4	On request
Advanced PSCOM E-Learn	2 days	5	On request
MARPOL E-Learn	2 days	5	On request
ERM E-Learn	1 day	5	On request
Resilience Self Learn	1 day	CBT	On request
EDMS Self Learn	1 day	CBT	On request
Jonse E-Learn	2 days	3	On request
NCPC E-Learn	2 days	5	On request
BBI E-Learn	1 day	5	On request
DP Induction E-Learn	3 days	2	On request
Bulk Carrier E-Learn	1 day	3	On request
Navigation Audit E-Learn	1 day	5	On request
Safety Induction Training-Ratings E-Learn	3 days	5	On request
INTERNAL AUDITOR E-Learn	2 days	5	On request
RCA. E-Learn	1 day	5	On request
BWTS E-Learn	1 day	5	On request
JRC ECDIS	1 day	3	On request
Chart World ECDIS	1 day	2	On request
High Voltage. E-Learn	3 days	4	On request
COLREGS Refresher Training	3 days	10	On request
LVM	1 day	3	On request
ATOT E-Learn	3 days	5	On request
ATCT E-Learn	3 days	5	On request
ME Engine Briefing E-Learn	0.5/1 day	3	On request
ASPHALT-B E-Learn	0.5/1 day	2	On request
WIND MILL	0.5 day	2	On request
MARFLEX	0.5 day	2	On request
CCOB	0.5 day	2	On request
SHC	4 days	2	On request
EP E-Learn	4 days	4	On request
Log Carrier E-Learn	1 day	3	On request
SITR E-Learn	3 days	4	On request
Risk Management	1 day	3	On request
FRAMO E-Learn	2 days	3	On request
PUMPMAN (CL RM)	6 days	4	On request
ME	1 day	2	On request

- The course will be held subject to meeting the minimum quorum.
- Officers to confirm their attendance to the respective Field Office at least 1 week prior commencement of the course.
- Officers once confirmed for the course shouldn't cancel it except in emergency. Please intimate field office promptly.
- Officers coming for the courses are required to maintain proper dress code (Smart formals with tie).
- 1 Photograph will be required for each course (T-shirt photo not accepted).

**For Course Bookings,
Please Contact:**

Email for all courses:
cto@executiveship.com

Join our team of expert mariners & build your onshore career with us!

We are seeking highly passionate Officers for various onshore positions*

Technical Superintendent

-Oil/Chemical/Gas Tankers (Mumbai)

Interested Officers please send updated resume with detailed sea time experience to hr@executiveship.com or contact HR department on +91 22 66895555

*Please note only successful applicants will be contacted



Our future mariners need you!

Calling all Masters with tanker experience for

Nautical Faculty (Mumbai)

Faculty Marine Engineering

(Lonavala)

Interested applicants apply via www.samundra.com/career.asp or email at careers@samundra.com or call 02114-399515/399508

*Please note only successful applicants will be contacted



SIMS



HAPPY BIRTHDAY!

CREW BIRTHDAYS

Many Happy Returns to the following on their Birthdays during the month of January 2021!

NAME	BIRTHDAY	VESSEL	NAME	BIRTHDAY	VESSEL
MST	08/01	ARIANE MAKARA	JO	02/01	MAEA
MST	06/01	CRIMSON MONARCH	CE	16/01	ANL GIPPSLAND
MST	26/01	PLATYTERA	CE	11/01	HOUYOSHI EXPRESS II
MST	02/01	CHEM HELEN	CE	01/02	YAMABUKI
MST	02/01	WILLOWY	CE	01/10	SALAMINIA
MST	02/01	THE DIPLOMAT	CE	20/01	ROBERTO
MST	04/01	VELOS LEO	CE	01/01	CRIMSON MONARCH
MST	15/01	HOUYOSHI EXPRESS II	CE	16/01	LR1 AMBASSADOR
MST	16/01	SAMA	CE	01/01	LUBERSAC
MST	17/01	MARLIN AZURITE	CE	19/01	ATLANTIC CROWN
MST	10/01	MAREX EXPRESS	CE	15/01	UACC SHAMS
MST	28/01	ST. GERTRUD	CE	29/01	ZARIFA ALIYEVA
MST	18/01	ATLANTIC CROWN	CE	25/01	ASTRID
MST	13/01	MARION	2E	22/01	BOUGAINVILLE
MST	27/01	ONE MILLAU	2E	01/01	LUBERSAC
MST	16/01	KANALA	2E	20/01	VELOS FORTUNA
MST	08/01	RENAUD	2E	13/01	CHEM NICHOLAS
CO	28/01	VELOS AQUARIUS	2E	19/01	ATLANTIC CROWN
CO	01/01	GANGA K	2E	01/05	CHOLA HARMONY
CO	11/01	MARLIN MYTHIC	2E	28/01	FORRES PARK
CO	02/01	UACC EAGLE	2E	05/01	UACC SILA
CO	05/01	FRONT SUEZ	2E	22/01	LR1 AMBASSADOR
CO	26/01	THE DEPUTY	2E	01/01	ST. GERTRUD
CO	28/01	RED MARAUDER	2E	03/01	AFRA HAWTHORN
CO	04/01	REFERENCE POINT	2E	14/01	HOUYOSHI EXPRESS II
CO	20/01	HIGH JUPITER	2E	29/01	CRIMSON MAJESTY
CO	05/01	SANTOS	3E	05/01	ARISTODIMOS
CO	21/01	KOBAI	3E	21/01	MARLIN MAJESTIC
20	24/01	UACC RAS LAFFAN	3E	08/01	FS ENDEAVOR
20	20/01	AFRA HAWTHORN	3E	05/01	MARLIN AMETHYST
20	16/01	CHEM NICHOLAS	3E	09/01	PRINCESS MARY
20	03/01	AEGEAN WAVE	3E	17/01	UACC FALCON
20	20/01	TOLEDO TRIUMPH	3E	25/01	GUNESHLI
20	19/01	APL NEW JERSEY	3E	26/01	LR2 POSEIDON
20	01/01	MARLIN MYTHIC	3E	23/01	ALJALAA
20	06/01	EVER GOVERN	3E	14/01	JUBILANT FUTURE
20	19/01	PALANCA CADIZ	3E	19/01	MAEA
20	19/01	AFRAMAX RIVIERA	3E	01/04	TAMPA TRIUMPH
30	06/01	EVER FAR	4E	19/01	CLAXTON BAY
30	20/01	AZERI GAS	4E	02/01	CHEM NICHOLAS
30	25/01	THE SHERIFF	4E	05/01	LR2 POLARIS
30	28/01	APL NEW JERSEY	4E	24/01	AFRAMAX RIO
30	05/01	VICTOIRE	4E	12/01	FRONT SANTIAGO
30	07/01	CHEM NICHOLAS	4E	14/01	UACC RAS LAFFAN
30	08/01	CARTAGENA	4E	01/01	CHOLA HARMONY
30	20/01	GRAN COUVA	4E	03/01	MARLIN MASTER
30	25/01	ARAGO	4E	08/01	EVER GOVERN
30	30/01	MARLIN MYTHIC	4E	23/01	GANGA K
30	18/01	VELOS RUBY	4E	15/01	FS DILIGENCE
30	25/01	MITERA	4E	24/01	CHOLA HARMONY

NEW JOINERS

New joiners welcomed onboard ESM vessels

Adding to the growing number of cadets from SIMS Lonavala who join onboard ships managed by ESM as Officers, are the following:



- | | | | | | |
|-------|----------------------------|-----------------|-------|-----------------------------|-----------|
| 1. JO | GOPUKRISHNAN RADHAKRISHNAN | WILLOWY | 4. JE | AMANDEEP MANHAS | ORACLE |
| 2. JE | CHITTRANJAN TIWARI | PRINCESS ALEXIA | 5. JE | SAMPATH SANJAY KIRAN JAJULA | MAREX NOA |
| 3. JE | ABHINAV KAPOOR | AFRAMAX RIVIERA | 6. JE | VIVEK NEGI | MAREX NOA |

PUZZLES ANSWERS FOR ISSUE 188

1	P	2	A	R	3	A	P	4	H	E	5	R	N	6	A	L	7	I	A
			L			S			A			O			N			T	
8	S	T	O	P				9	P	E	D	I	G	R	E	E			
			R			I			P			I			E				M
10	F	U	N	C	T	I	O	N	A	L									
			I					L										11	T
12	O	S	P			13	R	E	Y			14	C	O	C	C	Y	X	
			M				H						A						P
							15	I	N	16	D	I	S	C	17	R	E	E	T
							18	T			Z		E			T		U	C
19	C	O	L	O	R	A	D	O							20	L	E	A	K
21	M	O	M	E	N	T	O	F	T	R	U	T	H						

3	7	6	9	4	2	8	5	1
9	8	5	7	3	1	4	2	6
1	4	2	5	6	8	9	7	3
4	6	3	1	8	5	7	9	2
5	9	7	3	2	6	1	8	4
2	1	8	4	7	9	3	6	5
6	2	4	8	9	3	5	1	7
8	3	1	6	5	7	2	4	9
7	5	9	2	1	4	6	3	8

PUZZLES

1		2		3		4	5		6		7
					8						
9							10				
11					12						
	13	14					15				
16											17
18				19			20		21		
22					23						
24						25					

Across

- 1 Apply incorrectly (6)
- 4 Cause to happen (6)
- 9 US mail identification symbols (3,4)
- 10 Sub (1-4)
- 11 Capital of Tibet (5)
- 12 Treated animal skin (7)
- 13 In (11)
- 18 Doobry (7)
- 20 A or E, as opposed to B, C and D (5)
- 22 One more time? (5)
- 23 Covered underground access (7)
- 24 Barter (6)
- 25 In a profound way (6)

Down

- 1 Very light rain (6)
- 2 Brown pigment made with cuttlefish ink (5)
- 3 Gut (7)
- 5 Animals (5)
- 6 Highly significant in bringing about change (7)
- 7 Private coaches (6)
- 8 Trousers flared below the knee (4-7)
- 14 Startling (7)
- 15 Money lent (7)
- 16 Shift over (6)
- 17 Ready for bed? (6)
- 19 Nick (5)
- 21 Joyous shout (5)

		3		7				
			2			7	8	
			1				2	4
					6		1	
6		1		9		5		7
	3		8					
5	6				3			
	4	7			9			
				2		6		

SUDOKU OBJECTIVE

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square Sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order
- Every column of 9 numbers must include all digits 1 through 9 in any order
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

** All answers will be provided next issue.

AWARDS AND ACCOLADES

Executive Incentive Awards
for 1st Quarter 2021

VESSEL

Aframax Rio
Afra Laurel
African Jacana
Alhani
Aljalaa
Alqadisia
Arago
Ariane Makara
Astrid
Atlantic Guard
Atlantic Prince
Ardic
Cira I
Bougainville
Cartagena
Chem Helen
Chem Nicholas
Chola Harmony
Chola Treasure
Crimson Knight
Crimson Majesty
Crimson Monarch
E Pioneer
Front Santiago
Front Suez
FS (Siva) Sincerity
FS Diligence
FS Endeavor
Ganga K
Godam
Guneshli
Houyoshi Express II
Jal Kamadhenu
Joseph Wisdom
Jubilant Future
Kamome Victoria
Kikyo
Kobai
Laperouse
LR1 Ambassador
LR1 Carrier
LR2 Pioneer
LR2 Polaris
LR2 Poseidon
Lubersac
Maea
Maetiga
Mandala
Marex Express
Marex Noa
Marlin Amethyst
Marlin Apatite
Marlin Aquamarine
Marlin Azurite
Marlin Majestic
Marlin Master
Marlin Mythic
Oaka
Princess Alexia
Princess Mary
Red Eagle
Renaud
Sama
Samraa Alkhaleej
Santos
Spruce 2
St. Gertrud
The Blacksmith
The Diplomat
UACC Eagle
UACC Falcon
UACC Harmony
UACC Ras Laffan
UACC Ras Tanura
UACC Shams
UACC Sila
Velos Leo
Victoire
Yamabuki

DECK SIDE

Hradesh Sharma
Vetrivel Govindaraj
Babar Ali Ansari
Ajay Vinodbhai Tandel
Azad Ahmad
-
Atul Sharma
Nitinkumar Tandel
Alkesh Hira Patel
Suryanarayan Lalbahadur Mall
Roberto Veloso Postrero
Bhavinkumar Mangubhai Patel
Rayan Jeyaseelan Raj
Korlaya Tule
Vipin Chedhilal Yadav
Vinod Singh
Richus Pereira Arthar
Arun Kumar Tiwari
Anilbhai Ranchhodhbhai Tandel
Samir Kadir Hoosain Khot
Basubed Majumder
Vinod Jerambhai Tandel
Hasmukh M. Tandel
Jesumicheal Brighton
Satyam Upadhayay
Navinkumar Thakorhbhai Tandel
Hitendra Singh
Kenykumar Tulshidas Bhagat
Sayooj M Sathosh
Debonse Lattton
Jitendra Kumar Tandel
Vinod Kumar
Jashvantkumar Babubhai Tandel
Kirankumar Govindbhai Patel
Indra Pal Singh
Rampal Singh
Sandeep Mishra
Raj Kumar
Chandrasekaran Vimalanathan
Rollin Errol Crowther
Arvind Jeraj Fulbaria
Gadi Srinu
Davinder Singh
Ayush Kumar Singh
Abeer Saxena
Ramesh Kumar Sharma
Hareshkumar Devji Bamania
Muhammad Kunhi Thalakkal
Ankush Patil
Sarath Bhooshan Sasi B. Geetha
Indrajeet Singh
Mrityunjay Kumar
Malleswara Rao Chukka
Avtar Singh
Prakashkumar Tandel
Rameshbhai Haribhai Tandel
Manish Martolia
Anil Kumar Khyalia
Cranvar Cruz
Abhishek Saha Mondal
Sagar Urmode
Himanshu Ashok Kumar Dubey
Nitinchandra Ratilal Bamania
Abijith Elathoor Kattil
Sreejith Krishnan
Subrata Maity
Vinay Kumar Singh
Aditya Kumar Tyagi
Neeraj Kumar Dubey
Amarjeet Tiwari
Pankaj Kumar
Neeraj Kumar Singh
Issac Scaria
Kapildev Yadav
Awanish Kumar Singh
Vinayak Sagonkar
Bhashkar Kumar Yadav
Kalpeshkumar Bamania
Suraj Dighe

ENGINE SIDE

Vishnu Hiralal Sursay
Rajnikant Parbhuhai Tandel
Mritunjay Kumar
Ram Babu Bharti
Sagar Shankar Kadam
Abhimanyu Singh
Maheshkumar Lalbhai Tandel
Sanjiv Kumar
Dipankar Banerjee
Santosh Londhe
Upendra Singh Yadav
Prashant Ramesh Khairnar
Dipak Kumar
Ritesh Kumar Jaiswal
Bibin Kumar Rao
Burondkar Mustaqeen
Ishant Pathania
Mohammad Afzal
Rajesh Yadav
Habib Ansari
Parmod Kumar Chauhan
Rajkumar Lalchand Patel
Akhil Joseph
Balwant Singh
Ishwar Bhai Tandel
Harihar Yadav
Rajesh Chhitani Chauhan
-
Jagdishkumar Bhagwanji Tandel
Lakha Ahamad Khan
Shiv Kumar
Ramesh Kumar Haridas Gadhi
Amaresh Kumar Singh
Mukesh Chaurasia
Arvinash Singh
Pushendra Kumar
Sandeep Kumar Yadav
Arvind Kumar
Santilal Babubhai Kharva
Rajesh Kanakaraj
Prasanth Komara
Mohammad Avesh
Pappoo Gupta
Pawan Kumar Kushwaha
Mayur Parshotam Chauhan
Salim Malik Kadakkotteeri
Subhash Chandra Patel
Bhupendra Singh
Jitendra Singh
Amuthan Machado A. Machado
Eswara Rao Sivakoti
Abhishek Kumar
Nareschandra Manji Baria
Sujit Waghate
Randhir Singh
Shivam Srivastava
Anil Kumar
Sikandra Kumar Singh
Muni Prasad Suyi
Dhiraj Kumar Barnwal
Aman Kumar Mishra
Nishad Surya Prakash
-
Mo Irphan
Jitendra Kumar Bhagubhai Khalasi
Ketankumar Jagjivanbhai Tandel
Raj Kumar Yadav
Neeraj Kumar Dubey
Vipindas Cheriyapurayil
Annie Thomas Artony
Vijay Parshuram Katkar
Kumarjitmondal
R.K Tewari
Vijay Parshuram Katkar
Jitendra Kumar Pyralal Mali
Sajish Mattammal
Jayantilal Bhagwanbhai Tandel
Sunil Kumar Gupta

Executive Incentive Awards
for Catering Crew:
Best Cooks

- | | |
|------------------------------|------------------|
| 1. Guillermo P. Quezon Jr. | Crimson Princess |
| 2. George Kingstar Pangaras | Aframax Rio |
| 3. Pariyarth, Rajagopalan | Marlin Azurite |
| 4. Mohammad Naseem Shaikh | The Deputy |
| 5. Sasi Thulichery | The Diplomat |
| 6. Kuldeep Karan Singh Rawat | Crimson Majesty |
| 7. Mohd Uves Ansari | Marlin Amethyst |
| 8. Rajoo Yadav | Red Rum |
| 9. Rupak Das | Palanca Cadiz |
| 10. Mohammad Javed Khan | Marlin Majestic |

Executive Incentive Awards
for Catering Crew:
Best General Stewards

- | | |
|-----------------------------------|------------------|
| 1. Tandel Rahul Kumar Ramchandra | Aegean Wave |
| 2. Infant Nivasan | Chem Nicholas |
| 3. Mark David A. Atayde | Crimson Princess |
| 4. Vino Xavier | Velos Aquarius |
| 5. Mithin Kavumkal | FS Diligence |
| 6. Yogesh Govind Kapdiya | UACC Harmony |
| 7. Rajeev Kumar Jayswal | Princess Alexia |
| 8. Jayvantkumar Kantilal Chauhan | Kamome Victoria |
| 9. Navinchandra Amratlal Solanki | Red Marauder |
| 10. Naginbhai Devchandbhai Tandel | Reference Point |



WINNING RECIPES



Chief Cook Pariyarth,
Rajagopalan
Marlin Azurite

FIVE SPICE, TEA SMOKED SALMON



Ingredients

- Five spices- (2-inch cinnamon stick, 2 teaspoons whole cloves, 2 teaspoons fennel seeds, 2 whole star anises, 2 teaspoons peppercorns)
- 2-4 pieces of salmon (preferable thick pieces)
- 4 cloves garlic, whole
- Olive oil
- 1 teaspoon lemon juice
- 2 tablespoons orange juice
- Tender pieces of pumpkin
- Black pepper
- Rock salt
- Black raisins
- 1 boiled potato
- Coriander leaves
- Tea leaves
- Mint leaves
- 1 slice of salami
- 1 tablespoon honey

Method

- To make the five spice mixture, toast the spices for a minute or two in a pan and grind in a grinder until smooth.
- Place a vegetable strainer in a pan filled with water and add tea leaves into the water.
- Blot the bottom side of the salmon with paper towel and place the salmon on the strainer. Make sure the salmon does not touch the edges of the pan or each other. Sprinkle some rock salt and pepper on the salmon for seasoning. Cover the pan tightly with foil and top with the lid.
- Turn the heat on for 2-3 minutes until you begin to see smoke. You want to ignite the tea mixture, so it's important to start on high heat. Once it begins smoking, turn the heat down and smoke for 7-8 minutes. In a pan heat some olive oil, add the spice mixture, blanched tea leaves, mint leaves, chopped garlic and half a tablespoon of lemon juice to the pan.
- Sauté for some time and then add salmon to the pan. Sauté the salmon until the bottom layer starts to caramelize before removing the salmon from the pan.
- For pumpkin sauce, blend tender pieces of pumpkin with some mint and honey. Add orange juice to the paste for suitable consistency.
- Mash a boiled potato. Add rock salt and pepper to it. Put the mash in the oven until it becomes crisp brown.
- Place the salmon on the serving plate beside potato mash and pumpkin sauce. Drizzle the leftover oil from the pan over the salmon.
- Garnish with coriander leaves, mint leaves, black raisins, and a slice of salami.

WINNING RECIPES



Chief Cook George
Kingstar Pangaras
Aframax Rio



STEAMED CHICKEN WITH MUSHROOM

Ingredients

- 500 gram - Chicken
- Vegetable as per your choice
- 10 pieces - Mushroom
- 6 pcs - Green chili paste
- 3 tbsp - Ginger garlic paste
- 1 tbsp - Black pepper
- 1 tbsp - Chili flakes
- 1 tbsp - Oregano
- 1 full lemon - Lemon juice

Method

1. Mix green chili, ginger garlic paste, lemon juice, salt and black pepper powder with chicken and marinate for 15 mins.
2. Steam the chicken for 30 mins or till the chicken gets tender.
3. Boil all vegetables separately.
4. Add the steamed chicken with boiled vegetables in a non-stick pan and cook for another 10 mins.
5. Add chili flakes, oregano, and black pepper.
6. Adjust salt as per your taste.

STUFFED ORANGE PUDDING

Ingredients

- 1 - Orange
- 1ltr - Milk
- 400 gram - Condensed milk
- 50 gram - Almond
- 50 gram - Pistachios

Method

1. Peel the orange carefully into the shape of a bowl. Keep both orange peels and the flesh.
2. Boil milk till it becomes half in quantity, then add condensed milk.
3. Add crushed almonds and pistachios.
4. Place ingredients in the orange skin and store at 18 degrees Celsius.

ESM NEWS

First virtual Townhall held for Executive Group of companies



Executive Group held its first-ever virtual Annual Townhall on 24th December 2020 bringing shore employees together amidst COVID-19 restrictions, to commemorate the occasion of Christmas and to mark the end of 2020. Shore employees from ESM India as well as Executive Shipping Services (ESS) also joined in on the festivities.

The event commenced with an address from Executive Group Chief Executive Officer, Mr. Balaji Singh Teeka. Recalling the challenging year disrupted by the pandemic and the collapse of worldwide economies, he shared that despite prevailing circumstances, Executive Group of Companies was fortunate to continue doing business, delivering its promises and more to its stakeholders. Congratulating all employees, he said, "Needless to say,

all of this was possible because of the extreme hard work, dedication and professionalism of our teams across the companies – at sea and shore. My sincere gratitude and heartfelt congratulations to all of you."

Mr. Teeka further shared about some of the notable achievements of each company under the Executive Group. He concluded his address by extending his best wishes to all employees and a positive note, "With the strength and calibre shown by all the teams, I am very optimistic that we can maneuver any situation that may come in the year 2021 and perform a better result." The Townhall also featured a corporate video that rounded up the achievements of the year and outlook for 2021 for the Executive Group of Companies.

The session continued with an address by Ms. Sikha Singh, Deputy CEO, Executive Group who spoke about how the pandemic provided us with some positive outcomes and new experiences such as the first virtual Townhall. Echoing the sentiments of Mr. Teeka, Ms. Singh took the opportunity to announce the new senior management appointments in ESM Singapore. She noted one of the Company's focus area for 2021 will be planning for the younger generations, encouraging them to show their ingenuity, dedication,

Continued on Page 10

ESM NEWS

MT Godam rescues two stranded fishermen in Torres Straits



ESM managed MT Godam successfully rescued two stranded fishermen in the vicinity of Kirkcaldie Reef in Torres Straits on 04 December 2020.

The vessel was in pilotage when the two men were spotted clinging to a timber plank in the water. Authorities were immediately alerted, and the crew onboard set out to rescue the men. Conditions were rough with two to three-meter swells and 30 knot winds. Despite challenging conditions, they successfully rescued one person while maintaining visual contact with both throughout the entire rescue operations. The second person was rescued by

local authorities. The professionalism and coordination of the crew and reef pilots were deeply appreciated by the Australian Maritime Safety Authority.

At Executive, our consistent emphasis on safety awareness and preparedness via education, training as well as emergency drills empowers our crew to respond to any crises at sea. Our heartiest congratulations to Captain Rohit Upadhayay, CE Badrinath Singh, and the rest of the crew of Godam for their display of excellent seamanship.

Joke of the month

What do you call a pony with a cough?

A little horse.





EXECUTIVE
NEWS BULLETIN